



TRAIN THE TRAINER PROGRAM

This Gerson Fit Test “Train The Trainer” Packet Contains:

1. **Gerson Qualitative Respirator Fit Test Protocol**
(presentation handout - 11 pages)
2. **OSHA Respiratory Protection Standard 29 CFR 1910.134**
(with medical evaluation questionnaire starting on page 42)
3. **Gerson Respiratory Overview**
(presentation handout - 28 pages)
4. **Gerson Qualitative Respirator Fit Test Record**
(fit test records form)
5. **Fit Test ID Cards**
6. **National Fit Testing Services**
(service agreement)

Fit Testing Definition:

The use of a challenge agent to evaluate the face to respirator facepiece seal on an individual.

Reasons for Fit Testing:

- Select brand, model, and size for each user.
- Comfort.
- Compatibility with other protective equipment, e.g., safety glasses.
- OSHA requirement - 1910.134(f)(1) - (8) and Appendix A.

OSHA mandates fit tests prior to the initial use of a respirator, whenever a different respirator facepiece (size, style, model or make) is used, and at least annually thereafter.

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